



Port Moody Times

Tuesday
September 24, 2024
Day 2

TUESDAY, SEPTEMBER 24TH - GRAD COMMITTEE MEETING - LUNCH TIME IN ROOM 321

All 2025 Grads who are interested in making decisions around grad clothing, grad events, grad dinner/dance and after grad should come to the Grad Committee Meeting. Let's make this the best grad yet!!

RUGBY MEETING – SEPTEMBER 24TH

There is a meeting on Tuesday September 24th at the beginning of lunch in Room 310 for boys and girls team. All interested are welcome!

ATTENTION GRADE 12 PARENTS!

There will be a Grade 12 Parent Evening on Wednesday October 2nd at 7pm. Counsellors and the IB Coordinator will be sharing information about the year ahead. It will also be a good opportunity to ask questions and see the timeline of the grade 12 year.

ALL GRADE 12s will be required to attend an assembly Tuesday October 1st during block 5. Counsellors and the IB Coordinator will meet with grade 12s and share "The Big Picture" for their grade 12 year.

PMSS ATHLETICS APPLE FUNDRAISER RETURNS!!



If you or someone you know would like to buy Farm fresh Okanagan apples, follow the link and order a box today!

Option 1: be a buyer and just purchase apples for yourself,

Option 2: create a link to send to anyone who you think would want to get in on these apples. This option can get you discounts on price per box.

Read through the website for more details.

https://fundraising.sunokafarm.com/seller_1/091482430/org-campaign/port-moody-athletics-harvest-2024

Thank you for supporting our PMSS athletic programs!

LOST ITEM

A turquoise / Green pouch like wallet with photos of porcupines on the front was lost in the female bathroom on Thursday at lunch. If you find it, please return to the office as soon as possible!

CANUEL CATERS CAFETERIA

Cafeteria is looking for lunch time cashier for Mondays and Fridays with the possibility of extra shifts. 15-20min per shift. Perfect way to get in some work experience and hours along with some perks. Please see Tina for more details.

TRANSLINK

As Translink is increasingly busy, please keep the following in mind when you are taking public transit.

- Be mindful of where you are standing when the bus is coming to a stop. Moving away from the curb allows the driver to pull in safely.
- Remember that other students want to get on the bus. Pushing your way to the front of the line makes everything slower for everyone.
- With construction, the bus stop locations have changed. Check the signs or your app carefully to make sure that you're at the right bus stop.
- Other bus riders may not want to hear your conversation—keep the volume down.
- You might miss the bus, or it might be full. Another one will be along soon.
- If you see something unusual when you're on public transit, report it to a uniformed attendant, or text 87.77.77

We all need to work together to make a transit system that it safe for everyone!

RECONCILIATION THROUGH EDUCATION

A part of the mandate at the National Centre for Truth and Reconciliation (NCTR) is to raise awareness of the history and creation of the residential school system, its ongoing legacy, and how it has shaped the country we live in today. Teaching will be the initial start of the process of Truth followed by Reconciliation. Canada's future begins when the public learns the truth about this tragic history.

As said by former Truth and Reconciliation Commission of Canada (TRC) Chair, The Honourable Murray Sinclair "Education is what got us into this mess and education is key to getting us out of it."

Orange Shirt Day is a day to think about the many students who were taken from their families to be colonized. Students placed in Residential Schools were not allowed to speak their native languages, practice their spiritual beliefs, wear their own cultural outfits, or even wear their hair as their ancestors did. The purpose of Residential Schools was to "kill the Indian." It was cultural genocide.

In recent times Canadians have been reacting strongly to the invasion of Ukraine, Gaza, and other areas of the world – sending resources to help these people defend their sovereignty. Yet the Europeans did just this to the Indigenous people of Canada – and the benefits for some Canadians of these actions still resonate today. There is no way to go back in time, but Canadians must face the truth of the actions of the past that left Indigenous people second class citizens in their homeland. Knowing the truth, and then working for reconciliation is the path open to us today.

Wearing orange on Orange Shirt Day is an initial baby step. It is not sufficient or a way to feel that we have done enough – a box checked, so we can go on happily thinking all is accomplished. If we know Canada's wrongs, we can learn from them. We need to repair the damage that has been done. Reconciliation follows knowing the truth of what was done, and this will take time – and a commitment to live together to make a just future.

Indigenous students removed to residential schools had trouble returning to their communities when their schooling was finished (if they survived). They did not speak the language or know the people. Entire families and communities were wiped out. And those students who survived were considered lucky just to have survived. Many students never returned home after dying at the schools.

Phyllis Webstad (nee Jack) started Orange Shirt Day. Excited to go to her new school, she bought a new orange shirt to wear for the first day of school. Upon arriving at school, her new shirt and all her other belongings were taken away and never given back. That orange shirt now symbolizes remembering the wrongs that all students in Residential Schools endured.

ONGOING

MORNING STUDENT DROP OFF

This is a reminder to parents and students that drop-off and pick-up is to take place only in the lower parking lot - regardless of time of day or weather conditions. If you are dropping off for an early morning class or team practice, please do so in the lower parking lot.

PARENT FORMS & STUDENT FEES: School District 43 uses the KEV School Cash Online for both fee statements and District Policies forms. Relevant fees have been uploaded with email notifications.

STUDENT PARKING PASS: If you will be parking in the lower parking lot, please come to the office during lunch or before/ after school to pick up a Parking Registration form.

PMSS TIMES: The PMSS Times will be distributed on **Tuesdays** and **Thursdays**, starting **today**. Announcements will not be read over the PA. You will find copies of the PMSS Times outside the office, in the Cafeteria under the clock, and outside the Library Learning Commons.

CAREER CENTRE

Post-Secondary Information, Admissions Updates, New Post-Secondary Programs, Scholarships, Volunteering, Employment, Career Programs & Training, Leadership and Enrichment Programs

PMSS Career Resource Centre

Main Office. Open from 8:00am – 3:30pm Monday-Friday.

Questions? Email Ms. Chang at mchang@sd43.bc.ca or call 604-939-6656 ext. 2013.

How to keep up with the news? Join the Port Moody Secondary Career center TEAMS page! Code to join: 46n1w80 or follow the Career Centre Instagram or X (Twitter) account @pmsstransitions! Don't forget to check out the [PMSS Online Career Centre website](#)

Post-Secondary workshops and info sessions

Port Moody Secondary Post-Secondary Info-Sessions: Check out the time/date/location for when you can learn about each school and ask representatives questions!

School/ Program/ Event	Date	Time	Location
Canadian Universities Event (CUE)	September 24th 2024	9:00am – 11:00am	Heritage Woods Secondary School
Ivey Business School at Western University	September 26th 2024	7:00pm – 7:30pm	https://ivey- uwo.zoom.us/j/99499489755
BCIT Health Sciences	October 8th 2024	11:56am – 12:36pm (lunch)	Drama Room

University of Calgary	October 11 th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Forestry	October 11 th 2024	11:56am – 12:36pm (lunch)	Booth in MPR
UBC Sauder School of Business	October 16 th 2024	11:56am – 12:36pm (lunch)	Library
University of Toronto	October 17 th 2024	11:56am – 12:36pm (lunch)	Small Gym
University of Alberta	October 22 nd 2024	11:56am-12:36pm (lunch)	Drama Room
Post Secondary BC Fair (PSBC)	October 24 th 2024	12:36 – 1:52 (Blk4)	Small Gym
Western University	October 28 th 2024	11:06 – 11:40am (lunch)	Drama Room
Queen's University	October 29 th 2024	2:00- 2:30pm (Blk 5)	Library
EducationPlannerBC – Parents as Educators and Career Coaches SD43	October 30 th 2024	6:30pm – 8:00pm	Register here .
Simon Fraser University	November 4 th 2024	11:06-11:45 (lunch)	Library
McMaster University	November 6 th 2024	8:56 – 9:22 (Flex)	Drama Room
University of Victoria – Gustavson School of Business	November 13 th 2024	8:56 – 9:22am (flex)	Drama Room
University of Waterloo	November 19 th 2024	8:56 – 9:22am (flex)	Drama Room
Langara	December 4 th 2024	11:56 – 12:36pm (lunch)	Drama Room

Ivy + Student Information Session: Canada will be hosting virtual info sessions for all students to learn about the highly selective college admissions process, and address issues of particular concern to students applying from Canada. This group includes: Brown University, Columbia University, Cornell University, Dartmouth University, Harvard University, Massachusetts Institute of Technology, Princeton University, Stanford University, University of Pennsylvania, and Yale University. To register for Sept 10th at 4pm please click [HERE](#). For Sept 24th at 4pm, click [HERE](#).

How to Apply to Post-Secondary 101 is being hosted by Ms. Chang this year on **Wednesday September 25th** in the library at lunch! We will go through the application process together, and will be answering any questions you have!

Big Info at BCIT is back on **Wednesday October 9th from 4pm – 7pm** at their Burnaby campus! It's their largest program expo and information session and your chance to find out all about their programs – from business and media, computing and IT, engineering, health sciences, trades and apprenticeships, and applied and natural sciences. This is *free* and students that register to attend in person have a chance to win \$1000 tuition at BCIT!

General Learning Opportunities

BC Children's Hospital Mini Med School is open for applications again (deadline is September 27th)! This year the theme is from Data to Diagnosis: Navigating Digital Health. It is scheduled for Wednesday October 16, 23, 30 and November 6th from 6:30 – 8:00pm. For more information, or to apply click [HERE](#)!

YVRHacks Youth Hackathon is happening on **Sunday, September 29th from 10am – 6pm** at the Vancouver Independent School for Science and Technology. This event is a beginner-friendly event for all BC high school students with an interest in coding! If you're looking to hone your skills, learn something new and potentially win over \$1000 in prizes, click [HERE](#) to register!

Vancouver Area Independent Schools US College Fair is coming to West Point Grey Academy on Thursday, October 10th, 2024, from 5-7pm! With confirmed admission representatives from Boston University, University of California Berkeley, University of Chicago and many more! Come learn more about post-secondary opportunities in the US. Visit [HERE](#) for more info!

Youth to Sea Leadership Program is open for applications until October 15th! This 8-month long program is open to any 15-18 year old Canadian citizen or refugee living in Canada interested in engaging with their community and the ocean. Develop ocean conservation knowledge, and by the end of the program, you would have completed 120 volunteer service hours! For more information and to apply, click [HERE](#)! Email youth@ocean.org if you have any questions.

NEW City of Port Moody – Standard First Aid and CPR-C/AED Workshops (Fee: \$195) is available for students 13-18 years old who want to obtain first aid skills or be prepared for medical emergencies. It will take place on Saturday October 26th and Sunday the 27th from 9am – 5pm at Port Moody Recreation Complex. To register, please click [HERE](#)!

JCCF Photography/ Digital Art Contest invites all Canadians 15+ to enter with prizes of \$2000 for first prize, \$1000 for second and \$500 for third! Students need to submit their entry with the theme *What Freedom in Democracy Looks Like to Me*. Deadline to submit is October 27th. Click [HERE](#) to apply or for more info!

National Portfolio Day is back on Saturday Nov 16th at 11am at Emily Carr Emily Carr 520 East 1st Avenue, Vancouver. It's an opportunity to meet with representatives from colleges and universities accredited by the National Association of Schools of Art & Design and have your portfolio reviewed. Click [HERE](#) for more info or to register!

OceanWise – Youth to Sea Leadership Program 2024-25 is looking for Canadian/ PR/ refugees aged 15-18 to join their 8 month program (October to May) and learn about engaging their local community and making connections between themselves, their community, and our ocean. It will bring youth together to provide them with opportunities to develop their ocean conservation knowledge and personal skills. Participants will even have earned at least 120-service hours by the end of the program. Any questions? Please email youth@ocean.org. To apply, click [HERE](#), and for more info, click [HERE!](#)

SHAD Canada is now open for applications (**deadline is Dec 1st 2024**) to all Gr. 10 or 11 community minded, creative, engaged, and curious youth who want to make an impact on Canada and the world. SHAD is a STEAM and entrepreneurship program with options to dive into an immersive hands-on STEAM content at one of our pan-Canadian university campuses (cost: \$7260) OR from the comfort of your own space at their digital campus with SHAD Anywhere (cost: \$3830). This program will run from June 29 – July 25, with bursaries and scholarship[s] available to support families with financial needs. For more info, or to apply, please click [HERE!](#)

Trades and Apprenticeship Information

Volunteer/Employment Opportunities

Eagle Ridge Hospital – Volunteer Program is looking for students aged 16-18 years old to volunteer as logistical support team members at Eagle Ridge Hospital! Get involved with the patient, public and provider in a hospital environment! The times are from 4:30 – 7:00pm with a variety of dates to choose from. Click [HERE](#) to apply or for more info!

Port Coquitlam Youth Advisory Council is open for applications (until **Sunday October 6th**) to all tri-city residents aged 16 – 22 that want to learn about the political process, discuss ideas and get involved in our local community. You have the opportunity to meet with MP McKinnon on issues that matter to you! Certificates are given to students once they surpass 5 hours of volunteering and letter of reference is also supplied to outstanding students! Click [HERE](#) to apply!

Moody Elementary School is looking for male high school student volunteers to be positive role models for elementary school children! If interested, please apply by Oct 7th, and contact Ms. Campbell in her office or via email (cicampbell@sd43.bc.ca).

Elections BC – Youth at the Booth is hiring 15-18 year old Canadian students to work as an election official at a voting place in their local community. You will be paid at least \$390 a day and will work on October 19th + some training days. For more info, click [HERE](#) or email jobs@elections.bc.ca

Learning Buddies Network is looking for reading/ math mentor volunteers that are at Gr 10+ from October to December. Volunteers will prepare lesson materials provided by the organization and track your little buddy's progress. They offer both online and in-person programs. If interested, click [HERE](#). Questions? Email julia@learningbuddiesnetwork.com

Scholarship / Awards

The University of Toronto National Book Award (valued at full tuition, incidental and residence fees for up to 4 years of study at the University of Toronto. Finalists will receive \$7500+) is open for nominations! If you are a Canadian citizen intending to begin University with superior academic performance, original and creative thought, and exceptional achievement in a broad context, please consider applying! The PMSS nomination deadline is **Thursday September 26th at 3:00pm**. To apply, please download the form from the Career Centre website or the Career Centre TEAMS. For any questions, please contact Ms. Chang in Rm 2013 of the Main Office or email (mchang@sd43.bc.ca)

Basant Motors Scholarships (valued at 15 x \$2200) is open for all Canadian Gr. 12 students with a minimum GPA of 3.2 and demonstrates attributes of good citizenship and service in school and community while planning to attend a Post-Secondary institution in 2025. The deadline to apply is September 28th, 2024. For more info, or to apply, click [HERE!](#)

Engineers and Geoscientists of BC Scholarships (varies from \$2500 - \$4000) is open for any high school students entering engineering or earth science programs at select BC schools or entering engineering transfer programs or civil engineering programs, and the Keith E Fenton Memorial Scholarship has a deadline set for Sept 30. Click [HERE](#) to apply or for more info.

University of Toronto's Lester B. Pearson International Scholarship (valued for full tuition, books, incidental fees, and full residence support for 4 years at the University of Toronto) is open for nominations to any *international students* (non-Canadian requiring a study permit) who will be in Gr. 12 in Sept 2024. If you are interested in being nominated by the school for this award, please submit a nomination form (found on PMSS Career Centre TEAMS or PMSS Online Career Centre website or visit Ms. Chang in Rm 3065) by **October 1st, 2024** to Ms. Chang (mchang@sd43.bc.ca) and Ms. Campbell (cicampbell@sd43.bc.ca). For more information about this scholarship, please click [HERE!](#)

Attention Gr. 12's - **SCHOLARSHIP MEETING #1** will be taking place **AT LUNCH** in the **DRAMA ROOM** on **October 10th**! Come learn about scholarships, and tips on how you can fund your tuition for post-secondary. If you have any questions about the scholarship process at all, come join us!

LORAN Awards (Valued at \$100,000 + other benefits for LORAN Scholars, and \$6000 for finalists) is open for applications to any Canadian Gr. 12 students with a minimum cumulative average of 85%. The application deadline is *October 15th 2024*. If interested, apply [HERE](#). For more info, click [HERE](#)!

PARENTS

PMSS 2024-2025 SCHOOL CALENDAR: Please click [HERE](#) for the 2024-2025 School Calendar

For information regarding **PAC**, please visit <https://www.sd43.bc.ca/school/portmoody/Parents/PAC/Pages>

COMMUNITY



The graphic features the Metro Vancouver logo on the left, with the text 'go by bike weeks' in a stylized font. Below this, it says 'Sept. 23 > Oct. 6, 2024' and 'Register for free at logmyride.gobybikebc.ca'. On the right, there is a photograph of two people riding bicycles on a path.

What is Go by Bike Week?

Go by Bike Week is a celebration of cycling, where we encourage everyone in Metro Vancouver to give cycling a try and motivate those who already do to keep riding.

Ride your bike to the pharmacy, school, work or to grab a coffee, any destination counts and log your trips to track KM's and greenhouses gas savings, the more trips you log, the more prizes you can win! This year's grand prize, sponsored by Exodus Travels, is a holiday to Italy!

[Register for Free](#)



The graphic features a photograph of a woman in a blue jacket smiling, with other people in the background. The 'generationhealth' logo is in the top right corner. The main text reads: 'Free Fall Program for Families! Learn about healthy eating, physical activity, and building long-lasting habits as a family in Generation Health Community. This 10-week program for families with children ages 8 to 12 is FUN and interactive! Delivered through YMCA BC starting October 2024 on Tuesday, Wednesday, Thursday, and Friday evenings. Families who join this program will receive a complimentary YMCA membership.' Below this is a 'Register today!' call to action with three red arrows pointing to a QR code. At the bottom, there are logos for YMCA BC, Childhood Healthy Living Foundation, University of Victoria, and British Columbia, along with the website 'gv.ymca.ca/generation-health-community' and email 'generationhealth@bc.ymca.ca'.

Imagine This

KIDS

**MUSICAL
THEATRE**

CLASSES



Imagine This offers weekly Musical Theatre classes and exciting Spring and Summer Camps (coming soon) for kids and teens aged 6 - 18 in the lively Port Moody area!

4 WEEK TERMS \$220



ACT, SING & DANCE

Ages 6 to 18
Saturday afternoons
3 hour classes
Kids will learn

Vocal techniques
Fun dance moves
Acting skills

DATES

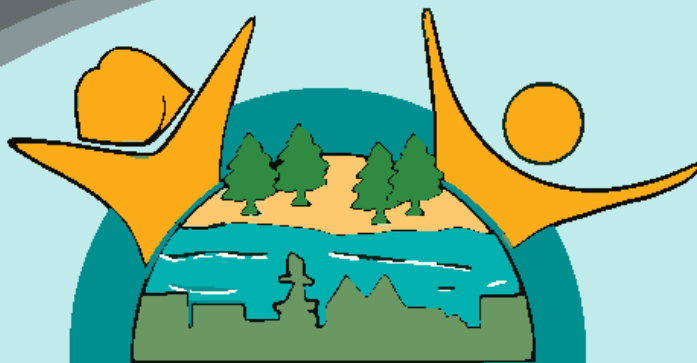
**STARTING ON
OCT 12, 2024**

POMO ARTS CENTRE
2425 ST. JOHNS
STREET, PORT MOODY

FOR MORE INFORMATION

@imaginethispresents

www.imaginethispresents.com



Mayor's Youth Summit

October 25, 2024 • 8:30am–3:15pm
Inlet Theatre, 100 Newport Drive, Port Moody

Join us at the 2024 Mayor's Youth Summit and make your voice heard! Discuss critical issues, connect with peers, and shape the future of your community.

Register now - open to all Tri-City youth!



portmoody.ca/signmeup



604.469.4556



Scan the code



**GAIN 7 HOURS
OF VOLUNTEER
TIME!**

youth@portmoody.ca
604.469.4556

Logo designed by Yufei Hu

PORT MOODY
CITY OF THE ARTS